

Warsaw Central School District

Plan to Restart Athletics

9/28/20, 2/1/21



Striving for Excellence

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General Considerations (All Sports):

- Responsible Parties must ensure a distance of at least six feet is maintained among individuals at all times, whether indoor or outdoor, unless safety or the core activity (e.g. practicing, playing) requires a shorter distance. If a shorter distance is required, individuals must wear acceptable face coverings. Coaches, trainers, and other individuals who are not directly engaged in physical activity are required to wear a face covering.
 - Responsible Parties should modify layouts so that individuals are at least six feet apart in all directions, to the greatest extent possible, particularly during field exercises, drills, and other practice activities.
 - Responsible Parties should discourage sharing of equipment among patrons/players, unless it is able to be cleaned and disinfected between use.
- ****Note: NYSDOH guidance does not prohibit specific equipment use.
- Coaches and students need to be screened daily (Interim COVID-19 Guidance for Schools).

Sports Classifications

The ability to participate in sports and recreation activities is determined by a combination of the risk for COVID-19 transmission (1) inherent in the sport or recreation activity itself and (2) associated with the “type of play” (e.g. individual practice vs. game).

- Sports and recreation activities are categorized as “lower risk,” “moderate risk,” and “higher risk.”
 - *Lower risk* sports and recreation activities are characterized by:
 - Greatest ability to maintain physical distance and/or be performed individually;
 - Greatest ability to (1) avoid touching of shared equipment, (2) clean and disinfect any equipment between uses by different individuals, or (3) not use shared equipment at all; and
 - Examples of lower risk sports and recreation activities include:
 - individual running,
 - batting cages,
 - hunting/shooting/archery,
 - golf,
 - mini-golf,
 - non-motorized boating, such as row boats, kayaks, canoes,
 - singles tennis,
 - rock climbing,
 - individual swimming,
 - individual crew,
 - cross country running,
 - horse events and competition,
 - toss/bowl games, such as horseshoes, bocce, bean bag toss,
 - flying disc games, such as disc golf, frisbee,
 - rope courses,
 - bowling, and
 - other sports and recreation activities with similar abilities to maintain physical distance and/or limit exposure to shared equipment prior to such equipment being cleaned and disinfected.

- *Moderate risk* sports and recreation activities are characterized by:
 - Limited ability to maintain physical distance and/or be done individually;
 - Limited ability to: (1) avoid touching of shared equipment, (2) clean and disinfect equipment between uses by different individuals, or (3) not use shared equipment at all; and
 - Examples of moderate risk sports and recreation activities include:
 - baseball,
 - softball,
 - doubles tennis,
 - racket games, such as badminton, racquetball,
 - water polo,
 - gymnastics,
 - field hockey,
 - non-contact lacrosse,
 - flag football,
 - swimming relays,
 - soccer,
 - crew with two or more rowers in shell,
 - rafting,
 - BMX bike racing,
 - paintball, and
 - other sports and recreation activities with similar abilities to maintain physical distance and/or limit exposure to shared equipment prior to such equipment being cleaned and disinfected.
- *Higher risk* sports and recreation activities are characterized by:
 - Least ability to maintain physical distance and/or be done individually;
 - Least ability to: (1) avoid touching of shared equipment, (2) clean and disinfect equipment between uses by different individuals, or (3) not use shared equipment at all; and
 - Examples of higher risk sports activities include:
 - football,
 - wrestling,
 - ice hockey,
 - rugby,
 - basketball,
 - contact lacrosse,
 - volleyball,
 - martial arts,
 - competitive cheer & group dance, and
 - other sports and recreation activities with similar abilities to maintain physical distance and/or limit exposure to shared equipment prior to such equipment being cleaned and disinfected.

On August 24, 2020, Governor Andrew Cuomo announced lower-risk sports, like tennis, soccer, cross country, field hockey and swimming, in all regions may practice and play beginning September 21, 2020.

On January 22, 2021, The New York State Department of Health issued the following statement:

Effective February 1, 2021, participants in higher risk sports and recreation activities may partake in individual or distanced group training and organized no/low-contact group training and, further, may partake in other types of play, including competitions and tournaments, only as permitted by the respective local health authorities (i.e., county health departments).

Local health authorities should consider the following factors in authorizing or continuing to prohibit higher risk sports and recreational activities as, in many areas, these factors may weigh against permitting such activities:

- *whether there has been a more-transmissible variant of COVID-19 identified in the area,*
- *local rates of COVID-19 transmission or rate of positivity, and*
- *local ability to monitor and enforce compliance.*

Interscholastic Athletics Dates

Fall Sports (September 21st – TBD)

- Sections determine Fall sports end date; cannot exceed 15 weeks
- Approved by NYSPHSAA officers (07-16-20), no Regional/State championships
- Approved by NYSPHSAA officers (08-25-20), practice requirements – 10 practices for all Fall sports; 12 for Football & Gymnastics; training for Golf
- Low & moderate risk sports (Cross Country, Field Hockey, Golf, Gymnastics, Soccer, Girls Swimming & Diving, Girls Tennis)
 - May practice
 - Approved by NYSPHSAA officers (08-25-20) in accordance with approved NYSPHSAA rules, teams must play games within their section or league until October 19th; games may be played beyond a school's section or league after October 19th
- Approved by NYSPHSAA officers (07-16-20) in accordance with approved NYSPHSAA rules, seven (7) consecutive day rule waived starting on October 12th
- Game/Contest limits – no change
- Modified/Junior Varsity – individual school district decision

Winter Sports (February 1st - TBD)

- Revised start date of Monday, February 1st for Basketball, Wrestling and Cheerleading)
Indoor track will be permitted to start Monday, February 1st
- Sections determine Winter sports end date; cannot exceed 22 weeks
- No Regional/ State Championships, approved by NYSPHSAA officers (12-10-20).
- Seven Consecutive Day Rule will be waived for the entire winter season, approved by NYSPHSAA officers (1-24-21).

Fall Sports Season II (March 1st – TBD)

- Low/Moderate sports start date of March 1, 2021, approved by NYSPHSAA Officers (9-9-20).
- High-risk sports are permitted to begin on March 1, 2021 only as permitted by the respective local health authorities (i.e., county health departments).
- Sections determine Fall Season II end date; recommended end date May 1st. - Sections have the ability to move other sports to Fall Season II in addition to Fall Competitive Cheer, Football, and Volleyball.
- Practice requirements for Fall Season II are 6 for all sports, except for Football which will require 10, approved by NYSPHSAA officers (9-9-20).
- Seven Consecutive Day Rule has been waived for entire Fall Season II, approved by NYSPHSAA officers (9-9-20).
- Game/ Contest limits – no change.
- No Regional/ State Championships, approved by NYSPHSAA officers (7-16-20).

Spring Sports (April 19th – TBD)

- Low/ Moderate spring sports start date is scheduled for April 19, 2021 (9-9-20). - High-risk sports are permitted to begin on April 19, 2021 only as permitted by the respective local health authorities (i.e., county health departments).
- Sections determine Spring sports end date.
- NYSPHSAA staff will work with NYSED pertaining to the impact of the Regents exams upon the spring interscholastic athletic season.
- Fall Season II athletes may carryover three practices for all sports, except for Baseball which may carry over four practices, approved by NYSPHSAA officers (9-9-20). - State Championships remain scheduled at this time.
- Seven Consecutive Day Rule has been waived for the Spring season, approved by NYSPHSAA officers (1-24-21).

Communication Plan

The District will utilize a multi-prong approach to communicate matters of importance to its students, parents/guardians, staff and visitors.

- District Webpage – <https://www.warsawcsd.org/>
- Facebook Page - <https://www.facebook.com/WarsawCentralSchoolDistrict>
- Blackboard Connect automated call, email and text system.
 - The district will initiate communication with families proactively, communicating that during the 20-21 school year, we anticipate needing to utilize our Blackboard Connect system with greater frequency.
 - The district will revise back to school documentation which collects updated demographic information for students, to include a space for families to indicate their preferred method of communication: phone call, email, text messages.
- General Support - questions@warsawcsd.org
- District mailing

Interscholastic Athletics Contacts

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Plan Oversight

- The District will communicate its interscholastic athletics safety plan to all visiting schools.
- It is the athletic director, athletic coordinator, site supervisor's and coach's responsibility to reinforce the District's interscholastic athletics safety plan with all visiting student-athletes, coaches and officials.
- Visiting teams will abide by the Warsaw Central School District's Interscholastic Athletics Safety Plan as indicated in the New York State Public High School Athletic Association's Return to Interscholastic Athletics 2020 – 21 guidance document (p. 14).

Event Supervisor Responsibilities

- Wear appropriate attire signifying supervisory status (i.e. School Attire, Armband or Jacket).
- Coordinate pre-event parking when necessary.
- Monitor spectators from appropriate vantage points at the interscholastic athletics contest.
- Ensure appropriate fan behavior. The following are unacceptable behaviors.
 - Unsportsmanlike conduct
 - Foul language
 - Taunting
 - Other concerns that directly violate the Warsaw Central School District Code of Conduct.
- Maintain spectator safety at all times.
- Ensure all individuals are wearing face coverings.
- Ensure individuals are remaining physically distanced to the greatest extent practicable.
- Contact an administrator if a spectator refuses to comply with supervisor's requests.
- Facilitate entrance and egress in one (1) direction to reduce density.
- Remain in the supervisory position until all spectators have exited the facility.
- Return supervisor attire.

Health and Safety

Screenings

Daily temperature checks are required for staff, students and officials. Temperature checks will be performed prior to staff, students and approved visitors entering District facilities or District transportation to the greatest extent practicable.

- Staff, students and approved visitors are strongly encouraged to complete temperature screenings at home.
- Individuals who are unable to complete temperature screenings at home must participate in screenings prior to entering District facilities or District transportation.

- Trained staff conducting temperature screenings will:
 - o Utilize no-touch, infrared thermometers;
 - o Wear a face covering;
 - o Wear gloves; and
 - o Perform a visual inspection of an individual prior to conducting a temperature screening.
- Individuals will maintain physical distance while waiting for their temperature screening.
- Teams and individuals visiting the Warsaw Central School District attest they HAVE NOT:
 - o Knowingly been in close or proximate contact in the past 14 days with anyone who has tested positive for COVID-19 or who has or had symptoms of COVID-19.
 - o Visited an area identified on New York State's travel advisory list in the past 14 days. Restricted states/territories may be found at: <https://coronavirus.health.ny.gov/covid-19-travel-advisory>.
 - o Tested positive for COVID-19 in the past 14 days.
 - o Experienced any of the following COVID-19 symptoms in the past 14 days. Fever or chills (100° or greater); Cough; Shortness of breath or difficulty breathing; Fatigue; Muscle or body aches; Headache; New loss of taste or smell; Sore throat; Congestion or runny nose; Nausea or vomiting; and/or Diarrhea

Healthy Hygiene Practices

- Conspicuous signage will be placed in the following areas:

<ul style="list-style-type: none"> o Entrances o Restrooms o Cafeterias o Classrooms o Gymnasiums o Offices 	<ul style="list-style-type: none"> o Auditoriums o Interscholastic Athletics Fields o Operations and Maintenance Spaces
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- Signage will be posted on the following topics:
 - o Wash Your Hands - <https://www.cdc.gov/handwashing/pdf/wash-your-hands-poster-english-508.pdf>
 - o Stop the Spread of Germs - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/stop-the-spread-of-germs.pdf>
 - o Symptoms of Coronavirus Disease 2019 - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-symptoms.pdf>
 - o Please Wear a Cloth Face Covering - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/cloth-face-covering-building-entrance.pdf>
 - o Protect Yourself and Others from COVID-19 - https://www.cdc.gov/coronavirus/2019-ncov/downloads/Young_Mitigation_recommendations_and_resources_toolkit_01.pdf
 - o Cover Coughs and Sneezes - https://www.cdc.gov/coronavirus/2019-ncov/downloads/cover-your-cough_poster.pdf

Personal Protective Equipment (PPE)

Students, staff and approved visitors will utilize face coverings **at all times**.

The District will allow individuals to wear their own face coverings as long as they cover individuals' chins and noses. The District will provide its student-athletes and coaches with face coverings. Face coverings will be laundered after each practice/contest.

Hand Hygiene

Students, staff and approved visitors will practice good hand hygiene to reduce the spread of COVID-19. Hand washing stations are located:

- Inside and outside restrooms
- Inside some classrooms
- Inside health offices
- Inside operations and maintenance areas
- Inside food service areas

Soap dispensers, hand sanitizer and paper towels are provided at each station. All air dryers have been decommissioned. Paper towel dispensers have been placed next to all handwashing stations.

Students, staff and approved visitors will wash their hands:

- Before and after interscholastic athletics practices and contests.
- Before eating food.
- After using the restroom.
- After blowing one's nose, coughing, or sneezing.
- After touching garbage.
- After having been in a public place and touched an item or surface that may be frequently touched by other people, such as door handles, railings, etc.

When washing hands, individuals will:

- Wet their hands with clean, running water and apply soap.
- Lather their hands by rubbing them together with the soap.
- Scrub their hands for at least 20 seconds.
- Rinse their hands well under clean, running water.
- Dry their hands using a clean towel.

Hand sanitizer will be provided at all entrances, handwashing stations, classrooms, large-occupancy spaces (Gymnasiums, Auditorium, etc.), cafeterias, bench areas and operations and maintenance areas.

Physical Distancing

The District will adhere to maintaining six (6) feet of space between individuals and twelve (12) feet of space between individuals participating in heavy aerobic activity to the greatest extent practicable.

The District will implement the following methods, to the greatest extent practicable, to encourage physical distancing and reduce density:

- Develop multiple entrance points
- Reduce the use of locker storage areas
- Create directional traffic in all facilities
- Windows and doors will be opened to improve ventilation
- Limit the use of shared supplies
 - o Supplies will be sanitized and disinfected if they must be shared
- Utilization of outdoor and large alternate spaces (Gymnasiums, auditoriums, etc.) to maintain adequate distance between individuals
- Limit the number of individuals in smaller spaces
- Limit the number of activities where multiple groups interact (Playground, assemblies, etc.)
- **Limit facility capacity to no more than fifty percent (50%) of the maximum occupancy per event, for a particular area as set by the certificate of occupancy, exclusive of athletes.**
- Additional distancing will be ensured for individuals who are participating in activities requiring aerobic activity resulting in heavy breathing
- If hosting a post-season playoff contest, at which admissions must be collected, barriers will be placed on the admissions collection booth and the admissions collector will wear a face covering.

Interscholastic athletics coaches will design practices/contests to ensure the following:

- Hands are washed prior to practice.
- Student-athletes utilize separate entrance and egress points to ensure physical distancing and density reduction.
- Student-athletes personal effects will be distanced by six (6) feet.
- Bench areas will be set up as staggered individual seats. Seats will be distanced by six (6) feet.
- Student-athletes will wear face coverings at all times.
- Activities promote physical distancing to the greatest extent practicable.
- Hands are washed at the conclusion of practice.

Spectators (home spectators only)

Event supervisors will ensure:

- There are only two (2) spectators per WCSD student-athlete to promote physical distancing and density reduction.
- Visiting school spectators will be prohibited at this time.
- Spectators will be allowed to use the bleachers. Seating areas will be marked.
- Spaces will be marked where spectators may sit/stand.
- Spectators must maintain six (6) feet of distance between each other unless they are from the same household.

- **Outdoor events: All spectators will wear face coverings in common areas (entrance, exit, restrooms) but will be permitted to remove face coverings when they are socially distanced (at least 6 feet).**
- **Indoor events: All spectators will wear face coverings at all times.**

*The District will allow individuals to wear their own face coverings as long as they cover individuals' chins and noses. The District will provide its student-athletes and coaches with face coverings. Face coverings should be laundered after each practice/contest.

Live Streaming of events

When possible, the District will live stream indoor interscholastic athletics contests to its Facebook page in accordance with NYSPHSAA broadcast rules.

Contact Tracing

Contact tracing is a public health function performed by local public health departments to trace all persons who had contact with a confirmed case of COVID-19. This allows public health officials to put in place isolation or other measures to limit the spread of the virus. The District will cooperate with state and local health department contact tracing. The District will assist the Department of Health in knowing who may have had contact at school with a confirmed case by:

- keeping accurate records of interscholastic athletics practices and contests;
- ensuring schedules are up to date; and
- assisting the Department of Health in tracing all contacts of the individual at school in accordance with the protocol, training, and tools provided through the New York State Contact Tracing Program.

Confidentiality will be maintained as required by federal and state laws and regulations. School staff will not determine who is to be excluded from school based on contact without guidance and direction from the Department of Health.

Cleaning and Disinfection

Procedures

The District will:

- Create and retain logs stating:
 - Date
 - Time
 - Scope of cleaning and disinfection
- Schedule (at least daily) cleaning and disinfecting of touched surfaces during the regular school day. Cleaning and disinfecting will include frequently touched surfaces and shared objects between uses.
 - Sport Ball cleaning recommendations follow CDC, state, and local guidelines for health and safety. The following link provides common definitions for Sterilization, Disinfection, and Cleaning in Healthcare Facilities, but may be useful for one attempting to clean a ball (including; basketball, softball, football, soccer ball, volleyball, and baseball) with cover material made of leather, composite, or PU leather:

- <https://www.cdc.gov/infectioncontrol/guidelines/disinfection/introduction.html>
- To ensure applicable health and safety protocols, the user is responsible for determining the best method based on ball covering material, playing environment, and cleaning intervals.
 - Soap and Water Method
 - Dirt and debris can be removed by using a damp cloth with soap and water, using moderate pressure.
 - Be careful not to oversaturate the ball.
 - Allow to air dry.
 - Disinfecting Wipe Method
 - Limited disinfecting may be achieved by using a disinfecting wipe and moderate pressure to wipe the entire surface of the ball.
 - Be careful not to oversaturate the ball.
 - Allow to air dry.
- Bleach and alcohol-based cleaning products will not be utilized, or excessively frequent cleanings, as those may degrade ball covering material and ball markings, and impact overall ball performance.
- Ensure safe and correct application of disinfectants ensuring adequate contact times.
- Keep products away from student-athletes.
- Ensure ventilation systems operate properly and increase circulation of outdoor air as much as possible by opening windows and doors, or other methods.
- Will not open windows and doors if they pose a safety or health risk (e.g., allowing pollen in or exacerbating asthma symptoms) risk to children using the facility.
- Take steps to ensure all water systems and features (for example, bottle fillers, decorative fountains) are safe to use.
- Soft Surfaces - Clean the surface using soap and water or with cleaners appropriate for use on these surfaces.
- Electronics
 - Follow manufacturer's instructions for cleaning and disinfecting. If there are no instructions, use alcohol-based wipes or sprays containing at least 70% isopropyl alcohol. Dry surfaces thoroughly.

Cleaning/Disinfecting Procedure

Appropriate cleaners

- Surface cleaner
 - Spray bottle
 - Bucket
- Soap & water
 - Spray bottle
 - Bucket

Step 1. Clean

- Wear disposable gloves or any other required PPE to clean and disinfect
- Clean surfaces using an appropriate cleaner making sure you produce friction on the surface

- Read all labels and follow instructions (PPE may be required)
- Cleaning reduces the number of germs, dirt and impurities on the surface. Friction action breaks biofilm on any virus allowing disinfectant to contact the area
- Change out cleaning cloths (microfiber) often or use disposable products
- Clean surfaces prior to disinfecting
- Practice routine cleaning of frequently-touched surfaces

Step 2. Disinfect

- Disinfecting kills germs on surfaces
- Ensure the area or item is cleaned with a cleaning agent before disinfecting
- Then disinfectant can be used
- Take all precautions on the label such as PPE, and safe handling procedures
- Change out cleaning cloths (microfiber) often or use disposable products
- Use EPA-registered disinfectant. Follow the instructions on the label to ensure safe and effective use of the product. Many products recommend:
 - Keeping the surface wet for the entire contact/dwell time (see product label)
 - Precautions such as wearing gloves and making sure you have good ventilation during use of the product
- Diluted bleach solutions may also be used if appropriate for the surface
 - 1/3 cup bleach per gallon of water - highly concentrated solutions may result in adverse health effects, discoloration and residue
 - Bleach solutions should be made fresh and not kept for more than 24 hours
 - Check the label to see if your bleach is intended for disinfection, and ensure the product is not past its expiration date. Some bleaches, such as those designed for safe use on colored clothing or for whitening may not be suitable for disinfection
 - Unexpired bleach will be effective against coronaviruses when properly diluted. Follow manufacturer's instructions for application and proper ventilation
 - Never mix bleach with ammonia or any other cleanser
 - Leave solution on the surface for at least 1 minute

Laundering

Laundry items (if possible) according to the manufacturer's instructions. Use the warmest appropriate water setting and dry items completely or disinfect with an EPA-registered disinfectant

- Washing face coverings in a washing machine and drying in a dryer is recommended to properly clean a face covering
- If masks are hand washed prepare a bleach solution of 4 teaspoons household bleach per quart of room temperature water. Soak the face covering for 5 minutes. Rinse the face covering thoroughly with cool water. Air dry, in direct sunlight, when possible. Wash hands for 30 seconds after washing the mask
- Face coverings must be completely dry before wearing
- Wear disposable gloves when handling dirty laundry from a person who is sick
- Dirty laundry from a person who is sick can be washed with other people's items
- Do not shake dirty laundry
- Clean and disinfect clothes hampers according to guidance above for surfaces
- Remove gloves and wash hands right away

Suggested Cleanliness and Disinfection Standards

This section outlines the process and expectations following an extended school closure for the continued levels of cleanliness and disinfection required to meet federal and state mandates.

Restrooms and Locker Rooms

- Clean and disinfect toilets, sinks and shower areas
- Clean and disinfect high touch surfaces (but not limited to):
 - o Bottle Fillers
 - o Door handles and push plates
 - o Light switches
 - o Handrails
- All trash receptacles emptied and trash removed from the room
- Floors mopped
- Clean Doors and Partitions in Restrooms and Locker Rooms
- Walls are spot cleaned
- Check that toilets, faucets, and drains are working
- Check Sanitary Napkin Boxes
- Clean Exterior of Dispensers
- Make sure all windows are locked
- Restock all toilet paper and soap products
- Clean Baseboards - Weekly
- Clean Light Fixtures - Weekly
- Replace Lights (Notify Custodian or Maintenance)

Common Areas (Hallways)

- Clean and disinfect high touch surfaces (but not limited to):
 - o Bottle Fillers
 - o Door handles and push plates
 - o Bathroom faucets
 - o Light switches
 - o Handrails
 - o Buttons on vending machines
- All trash receptacles emptied and trash removed
- Floors swept and dust mopped
- Floors spot mopped or full mopped
- Walls are spot cleaned, when soiled
- Carpets are spot cleaned
- Make sure all windows are locked
- Make sure all unoccupied classrooms are locked

Medical Office

- Clean and disinfect health cots regularly (after each student use)
- Discard or launder coverings after each use
- Cover treatment tables and use pillow protectors
- Clean and disinfect high touch surfaces (but not limited to):

- Classroom desks and chairs
- Door handles and push plates
- Bathroom faucets
- Light switches
- Shared telephones
- Shared desktops
- Shared computer keyboards and mice
- All trash receptacles emptied and trash removed from the room
- Floors swept and dust mopped
- Floors full mopped
- Wipe clean: Tables, furniture and countertops
- Window in the door is cleaned at minimum once per week
- Walls are spot cleaned
- Carpets are spot cleaned
- Make sure all windows are locked
- Clean/Disinfect classroom sink and toilet area if applicable
- Vacuum carpet daily if applicable
- Re-stock all paper and soap products
- Clean Baseboards - Weekly
- Clean Light Fixtures – Weekly
- Replace Lights (Notify Custodian or Maintenance)

Athletic Areas

- Establish a regular cleaning schedule for shared environmental surfaces such as wrestling mats or strength training equipment
- Disinfect mats and other high-use equipment at least daily
- Clean and disinfect high touch surfaces:
 - Handles on equipment (e.g., athletic equipment)
 - Bottle Fillers
 - Ice Machines
 - Door handles and push plates
 - Light switches
 - Shared telephones
 - Shared desktops
- All trash receptacles emptied and trash removed from the room
- Floors swept and dust mopped
- Floors spot mopped or full mopped
- Wipe clean: Tables, furniture and countertops
- Window in the door is cleaned at minimum once per week
- Walls are spot cleaned
- Make sure all windows are locked
- Re-stock all paper and soap products
- Clean Baseboards - Weekly
- Clean Light Fixtures - Weekly
- Replace Lights (Notify Custodian or Maintenance)

Facilities

Athletic Complex

The Operations and Maintenance Department will:

- Establish bench areas on the sidelines per the aforementioned examples.
- Install signage and barriers to restrict access to the grandstand.
- Install signage denoting the following:
 - Wash Your Hands - <https://www.cdc.gov/handwashing/pdf/wash-your-hands-poster-english-508.pdf>
 - Stop the Spread of Germs - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/stop-the-spread-of-germs.pdf>
 - Symptoms of Coronavirus Disease 2019 - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-symptoms.pdf>
 - Please Wear a Cloth Face Covering - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/cloth-face-covering-building-entrance.pdf>
 - Protect Yourself and Others from COVID-19 - https://www.cdc.gov/coronavirus/2019-ncov/downloads/Young_Mitigation_recommendations_and_resources_toolkit_01.pdf
 - Cover Coughs and Sneezes - https://www.cdc.gov/coronavirus/2019-ncov/downloads/cover-your-cough_poster.pdf
- If approved by the Superintendent of Schools, will install ground signs denoting physically-distanced spaces for spectators.
- Implement comprehensive sanitization/disinfection schedules for the restrooms and press box.

Locker Rooms

Locker rooms will be used for changing and restroom facilities. Storage of student-athletes' equipment and personal effects is prohibited. Student-athletes will place their personal effects behind their benches during practices/contests. Student-athletes must arrive at practices/contests prepared to practice/compete.

Gymnasiums

The Operations and Maintenance Department will:

- Establish bench areas on the sidelines per the aforementioned examples.
- Install signage denoting the following:
 - Wash Your Hands - <https://www.cdc.gov/handwashing/pdf/wash-your-hands-poster-english-508.pdf>
 - Stop the Spread of Germs - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/stop-the-spread-of-germs.pdf>
 - Symptoms of Coronavirus Disease 2019 - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-symptoms.pdf>
 - Please Wear a Cloth Face Covering - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/cloth-face-covering-building-entrance.pdf>
 - Protect Yourself and Others from COVID-19 - https://www.cdc.gov/coronavirus/2019-ncov/downloads/Young_Mitigation_recommendations_and_resources_toolkit_01.pdf

[ncov/downloads/Young_Mitigation_recommendations_and_resources_toolkit_01.pdf](https://www.cdc.gov/ncov/downloads/Young_Mitigation_recommendations_and_resources_toolkit_01.pdf)

- Cover Coughs and Sneezes - https://www.cdc.gov/coronavirus/2019-ncov/downloads/cover-your-cough_poster.pdf
- Floor cleaners will be utilized before/after contests.

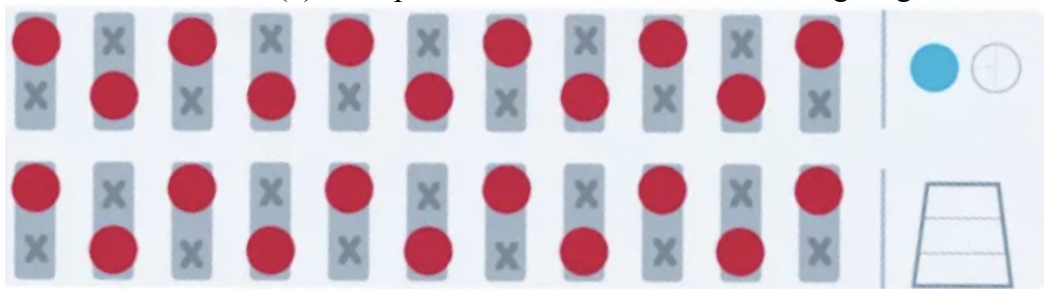
Transportation

The Warsaw Central School District will coordinate its reopening plans (both school and athletic) with its contract service provider: C & F Transportation.

The School Bus

Density Reduction, Social Distancing, Bus Capacity

- Children will sit one (1) child per seat as denoted in the following diagram.



- Siblings or those that live in the same household will sit together when possible.
- Decals will indicate where students may sit and to mark six-foot distances in aisles.
- The WCSD will work with C & F Transportation to determine if sneeze guards are required to protect the driver or if the seat immediately behind the driver will be left vacant.
- The District will remind students/parents/guardians that social distancing requirements extend to the bus stop.
- Students will not be denied entry on the bus because they do not have a mask. If a mask has been forgotten, one will be provided.

Cleaning and Disinfecting

- Buses and other transportation vehicles will be cleaned and disinfected daily and in between runs if scheduled for multiple routes.
- Daily Cleaning
 - All trash removed
 - Floors swept and dust mopped
 - Walls and windows cleaned
- High Touch Surfaces will be wiped down
 - Bus seats and seat backs
 - Seat belts
 - Door handles, handrails
 - Driver operator area
- EPA approved cleaning and disinfecting products will be used. Labels will be read and directions will be followed. Appropriate PPE will be worn by staff who are cleaning and disinfecting transportation.
- Proper ventilation will be ensured during cleaning.

- As weather permits; windows, and roof hatches will be opened, and fans will be turned on during route operation.
- Eating and drinking is prohibited on the bus.
- All cleanings and inspections will be documented.
- District will emphasize to parents/guardians and students prior to reopening schools that it has thoroughly disinfected all buses and student transportation vehicles.

School Bus Staff: Roles and Responsibilities

Supervisor

- Ensure employees are equipped with proper PPE and protective measures to keep them safe
- Ensure employees maintain annual training requirements. Update employees on new policies and/or procedures adopted during COVID-19 pandemic.
- Enforce social distancing, density reduction, bus capacity, routing issues, cleaning and disinfection procedures and practices.
- Inventory and order PPE with sufficient lead time for use when schools open.
- Provide access to mental health resources for transportation staff in crisis or under stress.
- Review employee medical records (19a files).
- Regularly inspect buses and other transportation vehicles for cleanliness.
- Enforce and communicate the self-screening program for staff before coming to work.
- Provide ongoing communication and feedback to staff on a regular basis.

Employees (Drivers and monitors)

- Self-screen before coming to work. Do not come to work if sick.
- Maintain social distancing.
- Wear an appropriate face covering that covers the mouth and nose when social distancing measures cannot be maintained.
- Use all chemical cleaners and disinfectants in the manner recommended by the manufacturer and your supervisor.
- Wear all required PPE when cleaning and using chemicals.
- Wash hands regularly with soap and water for at least 20 seconds. If soap and water are not readily available, use an alcohol-based hand sanitizer containing at least 60% ethanol or 70% isopropyl alcohol. Hand sanitizer will be provided for all staff in their transportation locations such as dispatch offices, employee lunch/break rooms and/or bus garages. Hand sanitizer is not permitted on the bus.
- Employees who must have direct physical contact with a child must wear gloves.

Loading/Unloading & Pickup/Drop-off

- Whenever possible, students will be loaded in sequential route order. First student on the bus sits in the back, when going to school, the last student sits in the back when going home from school.
- Dismissal times will be staggered to promote social distancing.

Interscholastic Athletics Transportation Routing

The District will collaborate with its contract service provider to ensure routing maintains appropriate ridership on transportation.

Sport-specific Considerations

Soccer

The NYSDOH has determined that soccer is a moderate risk sport (limited ability to maintain physical distance and/or be done individually; limited ability to: (1) avoid touching of shared equipment, (2) clean and disinfect equipment between uses by different individuals, or (3) not use shared equipment at all).

General Considerations:

- Pregame Conference (5-2-2d)
 - Limit attendees to head referee or center referee, the head coach from each team, and a single captain from each team. (Rule waiver)
 - Move the location of the pregame conference to the center of the field. All individuals maintain a social distance of six feet.
 - Suspend handshakes prior to and following the Pregame Conference.
- Team Benches (1-5-1)
 - No linear bench area, adjust backward from the touch line.
- Substitution Procedures (3-4)
 - Maintain social distancing of six (6) feet between the substitute, officials and/or teammate(s) by encouraging substitutions to occur closer to the center line. Hand sanitizer should be used prior to entering the game.
- Officials Table (6-2; 6-3)
 - Limit the table to essential personnel, including the home team scorer and timer. Visiting team personnel (scorer, statisticians, etc.) are not deemed essential and may need to find an alternative location. Space availability at the table is a variable in determining the number of individuals permitted at the officials' table and observing social distancing requirements. Masks must be worn.
- Goalkeepers may not spit on their gloves. They can wet them with a water bottle. If the official determines this happens, gloves will be taken out of play. (NYSPHSAA Rule)
- A mandatory two (2) minute hydration/mask break will be taken at the first dead ball situation after the 20-minute mark. Players must stay on the field during the break and may remove their mask as long as they maintain physical distancing. Substitutes who report to the table prior to the break taking place, may enter the game following the break. (Waiver of the NFHS Rule)
- The use of a dropped ball is suspended. To replace this procedure, an indirect kick will be awarded to the team whom the referees deemed to be in possession at the time of stoppage. (Waiver of the NFHS Rule)

Pre and Post Match Ceremony

- Suspend the pregame world cup introduction line and send players to their field positions with bench personnel lined up on the touch line (six (6) feet apart) for introductions.
- Suspend post game protocol of shaking hands.

Soccer Rules Interpretations

- Rule 4-1 EQUIPMENT AND ACCESSORIES
 - No hard material should be worn on face covering.
 - Gloves are permissible.
- Rule 4-2 LEGAL UNIFORM
 - Long sleeves are permissible. (4-1-1)
 - Long pants are permissible. (4-1-1)
 - Under garments are permissible but must be of a similar length for the individual and a solid like color for team. (4-1-1d)
- Rule 5-3 OFFICIALS UNIFORM AND EQUIPMENT
 - By state association adoption, long-sleeved shirt/jackets are permissible. (5-1-3) (Waiver of the NFHS Rule)
 - Electronic whistles are permissible (supplies are limited).
 - Choose a whistle whose tone will carry outside.
 - Fox 40 Mini –
 - Fox 40 Unisex Electronic - 3 tone
 - Ergo-Guard - (3 tone) – orange
 - Windsor - (3 tone) grey
 - Check the market for other choices
 - Gloves are permissible.

Considerations for Officials

- Bring personal hand sanitizer. Wash hands frequently
- Do not share equipment.
- Consider using electronic whistle.
- Do not shake hands and maintain social distancing guidelines during pre and post-game ceremonies.

Considerations for Coaches

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “cohorts” of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.

Considerations for Students

- Consider making each student responsible for their own supplies.
- Students should wear their own appropriate workout clothing (do not share clothing)
- Individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.
- Bring your own water bottle.

Considerations for Parents/Guardians

A family’s role in maintaining safety guidelines for themselves and others:

- Provide personal items for your child and clearly label them.

Cross Country

The NYSDOH has determined that cross country is a low risk sport (greatest ability to maintain physical distance and/or be performed individually; greatest ability to (1) avoid touching of shared equipment, (2) clean and disinfect any equipment between uses by different individuals, or (3) not use shared equipment at all).

General Considerations:

- Schools are encouraged to comply with NFHS Rule 8-5, that events contested with 4 or fewer teams be limited to a maximum of 12 participants from each team.
- No hugging, shaking hands, or fist bumps.
- Cross country meets should consider using staggered, wave or interval starts, with a minimum of one (1) minute.
- Meet organizers should take into account using FAT timing, course layout, use of waves, and social distancing in consideration of determining the size of an invitational meet.
- In non-dual meets, it is recommended athletes wear numbers for easy identification.
- It is recommended a course is 200 yards from the start line to the narrowing point.
- Possible Rule Modifications: 8-1-3a: Consider widening the course to at least six feet at its narrowest point.
- Finish:
 - Consider using finish corrals and FAT timing for larger meets as easier to distance at finish.
 - With no FAT timing system consider alternative means of finish place and time to address congestion at finish line.
 - Consider using image-based equipment at finish to assist with picking place to avoid congestion.
- Event organizers should have a hydration plan for the end of the race.

Pre and Post Meet:

- Establish cross country specific social distancing meet protocols including the elimination of handshakes before and after the match.
- The use of team tents on site is discouraged.
- Teams are expected to provide individual water for their athletes and discourage the use of water stations and open cups.

Considerations for Officials:

- Bring personal hand sanitizer. Wash hands frequently
- Don't share equipment.
- Follow social distancing guidelines:
 - Pre and Post Meet conferences,
 - Clerking at the start line,
 - Tabulations and posting of results.
- Consider using electronic whistles.
- Do not shake hands and follow pre and post-game ceremony guidelines established by the state association.

Considerations for Coaches:

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “cohorts” of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.

Considerations for Students:

- Consider making each student responsible for their own supplies
- Students should wear their own appropriate workout clothing (do not share clothing), and individual clothing/towels should be washed and cleaned after every workout immediately upon
- returning home.
- Bring your own water bottle.

Considerations for Parents:

- A family’s role in maintaining safety guidelines for themselves and others:
- Provide personal items for your child and clearly label them.
- Spectators should not congregate around the finish area.
- In accordance with NYSDOH guidance (Interim COVID-19 Guidance for Sports and Recreation),
- only two spectators per participant are permitted.

Indoor Track & Field

The NYSDOH has determined that track & field is a low-risk sport (greatest ability to maintain physical distance and/or be performed individually; greatest ability to (1) avoid touching of shared equipment, (2) clean and disinfect any equipment between uses by different individuals, or (3) not use shared equipment at all).

General Considerations:

- Weight Throw and Shot Put should enforce social distancing for all athletes and officials.
 - To limit contact, athletes can provide their own implements (that pass inspection) and retrieve their own implements after all throws.
- If athletes can’t provide their own implements, then it is recommended that implements be sanitized between each use.
- Long Jump and Triple Jump should enforce social distancing for all athletes and officials.
- High Jump and Pole Vault should enforce social distancing for all athletes and officials.
 - To lower the risk of these events, pits may be covered by a tarp that is removed and disinfected after each athlete use (therefore multiple tarps needed to keep event moving) or individuals may bring their own mat or

tarp for use on pits.

- To limit contact, athletes should not share vaulting poles.
- Sprint, Hurdle, Relay Events run entirely in lanes, may use every other lane to assist with distancing.
- Blocks should be disinfected after each heat / race.
- Baskets are not recommended at start line for apparel.

Rule Changes:

- Rule 5-10-5 Current rule: The baton is the implement which is used in a relay race and is handled by each competitor to a succeeding teammate. Gloves are not permitted in relay events.
 - NYSPHSAA has elected to permit the use of sanitary gloves for this year (2020-21). *(waiver of NFHS Rule approved by NYSPHSAA Officers 11-16-20)*
- It is recommended that schools bring and use their own batons, and not share with other schools.
- Rules 6-4-11 and 6-5-24: Vertical jumpers may complete all three of their jumps consecutively, with three (3) minutes being permitted for each jump. *(waiver of NFHS Rule approved by NYSPHSAA Officers 11-16-20)*

Considerations for Officials: Officials are responsible for meet management, which does not include monitoring activities in the facility such as social distancing, face coverings, hand washing, symptoms of illnesses and other such issues. This monitoring obligation remains with the responsible parties.

- Bring personal hand sanitizer. Wash hands frequently.
- Do not share equipment.
- Follow social distancing guidelines:
- Clerking at the start line.
- Tabulations and posting of results.
- Consider using electronic whistle.
- Do not shake hands and follow pre- and post-game ceremony guidelines established by state associations.

Considerations for Coaches:

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “pods” of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.

Considerations for Students:

- Consider making each student responsible for their own supplies
- Students should wear their own appropriate workout clothing (do not share clothing), and individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.
- Hand sanitizer should be plentiful at all contests and practices.
- Bring your own labeled water bottle.

Considerations for Parents:

- Make sure your child and immediate household members are without symptoms of from illness before participating in practice and competition (if there is doubt stay home),
- Provide personal items for your child and clearly label them.
- Spectators should not congregate around the competition areas.

Basketball

The NYSDOH has determined that basketball is a high-risk sport (Least ability to maintain physical distance and/or be done individually; least ability to: (1) avoid touching of shared equipment, (2) clean and disinfect equipment between uses by different individuals, or (3) not use shared equipment at all).

General Considerations

- **BOYS** - For pregame conference, limit attendees to the referee and the head coach from each team with each coach standing on the center circle on each side of the division line.
- **GIRLS** – For pregame conference, limit attendees to the referee and one athlete per team standing on the center on each side of the division line.
- For pregame conference, all individuals maintain a social distance of 6 feet or greater at the center circle.
- Limit the number of bench personnel to observe social distancing of 6 feet or greater.
- Place team benches opposite the spectator seating.
- Additional chairs or rows may be added to allow bench personnel to observe social distancing of 6 feet or greater.
- Create separation between the team bench and spectator seating behind the bench.
- Limit contact between players when substituting.
- The host school should sanitize the table before the game and at half time.
- Place officials' table sufficiently away from the sideline to allow for additional space for substitutes.
- Limit seats at the table to essential personnel which includes home team scorer, timer and shot clock operator with a recommended distance of 6 feet or greater between individuals. Other personnel (visiting scorer, statisticians, media, etc.) may not be deemed essential personnel and consider an alternate location for them.
- Eliminate all handshakes, fist bumps and similar gestures pre- and post game.
- Give game ball to officials in the locker room where it is sanitized as recommended by the ball manufacturer and not used for warm-ups.
- The host school should ensure that the ball is sanitized during time-outs and between quarters.
- Sanitizer should be provided by the host team at the table.

- Long-sleeved shirts are permissible.

Considerations for Officials:

- Officials are responsible for game management, which does not include monitoring activities on the sidelines, such as social distancing, face coverings, hand washing, symptoms of illnesses and other such issues. This monitoring obligation remains with the responsible parties.
- Bring personal hand sanitizer. Wash hands frequently.
- Do not share equipment.
- Follow social distancing guidelines.
- Suspend handshakes, fist bumps and similar gestures prior to and following the pregame conference.
- Officials are not required to wear jackets during pre-game court/player observation.
- Electronic whistles are permissible.
- Gloves are permissible.
- Official may stand 6 feet or greater away from the player making a throw-in and bounce the ball to that player on a front court throw-in.
- The lead official shall stand on the end line and bounce the ball to the free thrower.

Considerations for Coaches:

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “cohorts” of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.

Considerations for Students:

- Consider making each student responsible for their own supplies.
- Students should wear their own appropriate workout clothing (do not share clothing).
- Individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.
- Bring own water bottle.

Considerations for Parents:

- Provide personal items for your child and clearly label them.
- In accordance with NYSDOH guidance (Interim COVID-19 Guidance for Sports and Recreation), only two spectators per participant are permitted.

Competitive Cheerleading

The NYSDOH has determined that competitive cheer is a high-risk sport (least ability to maintain physical distance and/or be performed individually; least ability to (1) avoid touching of shared equipment, (2) clean and disinfect any equipment between uses by different individuals, or (3) not use shared equipment at all).

General Considerations

- Disinfect props following each routine.
- Contact the manufacturer about cleaning mats after practices and competitions.
- Only one student should use a specific prop during routines.
- There shall not be a formal awards ceremony.
- It is recommended to use computer scoring system for all competitions.
- 2019-20 scoresheet shall be used for all 2020-21 competitions. (*Approved by NYSPHSAA Officers 1-25-21*)

Considerations for Judges:

- Judges are responsible for competition management, which does not include monitoring activities at the facility, such as social distancing, face coverings, hand washing, symptoms of illnesses and other such issues. This monitoring obligation remains with the responsible parties.
- Bring personal hand sanitizer. Wash hands frequently.
- Do not share equipment or devices.
- Follow social distancing guidelines:
- Judges should be appropriately spaced to ensure proper social distancing.

Considerations for Coaches:

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “cohorts” of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.

Considerations for Students:

- Consider making each student responsible for their own supplies.
- Students should wear their own appropriate workout clothing (do not share clothing).
- Individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.
- Bring own water bottle.

Considerations for Parents:

- Provide personal items for your child and clearly label them.
- In accordance with NYSDOH guidance (Interim COVID-19 Guidance for Sports and Recreation), only two spectators per participant are permitted.
- Spectators should not congregate around the competition area.

Volleyball

The NYSDOH has determined that Volleyball is a high-risk sport (Least ability to maintain physical distance and/or be done individually; least ability to: (1) avoid touching of shared equipment, (2) clean and disinfect equipment between uses by different individuals, or (3) not use shared equipment at all).

General Considerations:

- For pre-match conference, participants must all wear masks and each team is allowed one captain to attend.
- Suspend handshakes, fist bumps and similar gestures prior to and following the pregame conference.
- Players should sanitize hands between sets.
- Four (4) game balls should be available throughout the match.
- Substitutes may stand directly in front of the team bench, chairs or bleachers. (waiver of NCAA Rule approved by NYSPHSAA Officers 1-25-21).
- Teams are recommended to refrain from high fives and other similar celebrations following each point.
- Teams should remain on the same bench area throughout the match (waiver of NCAA Rule approved by NYSPHSAA Officers 1-25-21).
- Officials Table - Limit essential personnel which includes home team scorer, libero tracker and timer to maintain social distance between individuals. Visiting team personnel (scorer, statisticians, etc.) are not deemed essential personnel and will need to find an alternative location. All table help must wear masks.
- Uniform - Long sleeves and long pants are permissible.
- Uniform - Under garments are permissible, but must be unadorned and of a single, solid color similar in color to the predominant color of the uniform top or bottom. - Schools should consider protocols for supplying their own equipment for warm-ups.

Considerations for Officials:

- Officials are responsible for game management, which does not include monitoring activities on the sidelines, such as social distancing, face coverings, hand washing, symptoms of illnesses and other such issues. This monitoring obligation remains with the responsible parties.
- Bring personal hand sanitizer. Wash hands frequently.
- Do not share equipment.
- Follow social distancing guidelines.
- Long-sleeved, all-white collared polo shirt/sweater are permissible.
- Electronic whistles are permissible.
- Gloves are permissible.

Considerations for Coaches:

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “pods” of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.

Considerations for Students:

- Consider making each student responsible for their own supplies.
- Students should wear their own appropriate workout clothing (do not share clothing), and individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.

- Hand sanitizer should be plentiful at all contests and practices.
- Bring your own labeled water bottle.

Considerations for Parents:

- Provide personal items for your child and clearly label them.
- In accordance with NYSDOH guidance (Interim COVID-19 Guidance for Sports and Recreation), only two spectators per participant are permitted.

Wrestling

The NYSDOH has determined that Wrestling is a high-risk sport (Least ability to maintain physical distance and/or be done individually; least ability to: (1) avoid touching of shared equipment, (2) clean and disinfect equipment between uses by different individuals, or (3) not use shared equipment at all).

General Considerations:

- No handshakes prior to and following the coin toss in addition to pre- and post match ceremonies.
- Wash stations or sanitizer should be placed at mat side.
- If writing implements are used, they should be sanitized and not shared with anyone.
- Disinfect the mats prior to competition.
- Participate/host smaller events (more duals, fewer large tournaments).
- Have hand sanitizer and wipes available at the scorer's table.
- The scorekeeper shall be the only individual to touch the scoresheet.
- Only official scorer and official timer should be permitted at the scorer's table.
- Ankle bands are recommended to be disinfected after each match.
- Weigh-ins should be conducted separately for each team and not shoulder to shoulder as stated in the NFHS rule. (Waiver of NFHS Rule approved by NYSPHSAA Officers 1-25-2021).
- Honor weigh-ins will not be permitted for the 2020-21 season (Waiver of NYSPHSAA Rule approved by NYSPHSAA Officers 1-25-2021).
- Weight Certification - NYSPHSAA will provide further guidance no later than January 29th.

Considerations for Officials:

- Officials are responsible for meet management, which does not include monitoring activities in the facility such as social distancing, face coverings, hand washing, symptoms of illnesses and other such issues. This monitoring obligation remains with the responsible parties.
- Bring personal hand sanitizer. Wash hands frequently.
- Do not share uniforms, towels and equipment.
- Change standard whistle several times during the day.
- Electronic whistles are permissible.
- May wear disposable gloves. If so, then they must change after each match.
- Conduct separate pre-meet administration including skin checks. During pre-meet

- administration, use visual inspections and avoid direct contact with wrestlers.
- Referees will not raise the winner's arm; winners are asked to raise their arm signifying victory.

Considerations for Coaches:

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in "pods" of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection. - Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.
- Eliminate all handshakes, fist bumps and similar gestures post-match.

Considerations for Students:

- Eliminate all handshakes, fist bumps and similar gestures pre- and post-match.
- Eliminate handshakes with coaches post-match.
- Consider making each student responsible for their own supplies.
- Students should wear their own appropriate workout clothing (do not share clothing), and individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.
- Hand sanitizer should be plentiful at all contests and practices.
- Bring your own labeled water bottle.

Considerations for Parents:

- Provide personal items for your child and clearly label them.
- In accordance with NYSDOH guidance (Interim COVID-19 Guidance for Sports and Recreation), only two spectators per participant are permitted.

Football

The NYSDOH has determined that football is a high-risk sport (Least ability to maintain physical distance and/or be done individually; least ability to: (1) avoid touching of shared equipment, (2) clean and disinfect equipment between uses by different individuals, or (3) not use shared equipment at all).

General Considerations:

- Eliminate all handshakes, fist bumps and similar gestures pre- and post-game.
- Limit the number of non-essential personnel who are on the field level throughout the contest.
- If available, dressing facilities for game officials and teams should be large enough for them to use social-distancing protocols and should be properly cleaned and sanitized prior to their arrival.
- The team box may be extended on both sides of the field to the 10-yard lines (for players only) in order for more social-distancing space for the teams.
- The ball should be cleaned and sanitized throughout the contest as recommended by the ball manufacturer.
- The ball holders should maintain social distancing of six feet at all times during the contest.

- Plastic shields covering the entire face (unless integrated into the face mask and attached to the helmet and clear without the presence of any tint) shall not be allowed during the contest.
- Tooth and Mouth Protectors – If mouthguards are removed on the sidelines or bench area, the athlete should use hand sanitizer each time after touching the mouthguard. Gloves are permissible but still must comply with Rule 1-5-2b by meeting either the NOCSAE Standard or the SFIA Specification.
- Time Outs - A single charged time-out may be extended to a maximum of two minutes in length.
- Time Outs - The authorized conference for the charged time-out should take place between the 9-yard marks and not at the sideline for social-distancing purposes (It would be permissible for more than one coach to be involved in this conference and for technology to be used).
- The intermission between periods may be extended to a maximum of two minutes between the first and second and the third and fourth periods, and following a try, successful field goal or safety, and prior to the succeeding free kick.

Considerations for Officials:

- Officials are responsible for game management, which does not include monitoring activities on the sidelines, such as social distancing, face coverings, hand washing, symptoms of illnesses and other such issues. This monitoring obligation remains with the responsible parties.
- Bring personal hand sanitizer. Wash hands frequently.
- Do not share uniforms, towels and equipment.
- Electronic whistles are permissible.
- Gloves are permissible.
- For the coin toss, limit attendees to the referee, umpire and one designated representative from each team.
- Coin toss should take place in the center of the field with designated individuals maintaining social distancing of six feet.
- No handshakes prior to and following the coin toss.
- Maintain social distancing of six feet while performing all pregame responsibilities with all officiating crew members, game administration staff, line-to-gain crew, clock operators, individuals handling the balls during the game and team personnel.
- For the overtime procedure, please use the same procedure as used at the start of the contest for the coin toss.

Considerations for Coaches:

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “pods” of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.

Considerations for Students:

- Consider making each student responsible for their own supplies.
- Students should wear their own appropriate workout clothing (do not share clothing), and

individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.

- Hand sanitizer should be plentiful at all contests and practices.
- Bring your own labeled water bottle.

Considerations for Parents:

- Provide personal items for your child and clearly label them.
- In accordance with NYSDOH guidance (Interim COVID-19 Guidance for Sports and Recreation), only two spectators per participant are permitted.

Golf

The NYSDOH has determined that golf is a low-risk sport (greatest ability to maintain physical distance and/or be performed individually; greatest ability to (1) avoid touching of shared equipment, (2) clean and disinfect any equipment between uses by different individuals, or (3) not use shared equipment at all).

General Considerations:

- Single tee starts should be staggered – refer to golf course protocols.
- When directed to, each group of players will move to the 1st tee, remaining socially distanced. Scorecards and pencils will be handed out to players by the home coach who may wear protective gloves during the process. Each player will receive a scorecard for their own scorekeeping and the other player's score. At no time will players exchange scorecards.
- All safety protocols put in place by the golf course must be followed. Social Distancing must be adhered to in the locker rooms and Pro Shop.

Considerations for Coaches:

- Communicate your guidelines in a clear manner to students and parents.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.
- Prior to each match, visiting coaches should send a list of participants to the home coach. The home coach should send a copy of the local rules to the opposing coach to eliminate the need for any handouts, other than scorecards.
- All coaches should make sure that their players are familiar with the Rules of Golf and Golf Course modifications specific to COVID-19, especially local rules for bunker play and not touching the flagsticks.

Considerations for Students:

- Consider making each student responsible for their own equipment.
- Golf towels should not be shared and should be washed after every practice and match.
- Players should only touch and use their own golf ball and not touch other players golf ball or equipment.
- Bring own water bottle.

Considerations for Parents:

- Provide personal items for your child and clearly label them.

- Spectators should not congregate around the tee box, greens and clubhouse areas. - In accordance with NYSDOH guidance (Interim COVID-19 Guidance for Sports and Recreation), only two spectators per participant are permitted. (Pg. 5).

Tennis

The NYSDOH has determined that tennis is a low risk sport (greatest ability to maintain physical distance and/or be performed individually; greatest ability to (1) avoid touching of shared equipment, (2) clean and disinfect any equipment between uses by different individuals, or (3) not use shared equipment at all).

General Considerations

- Maintain social distancing when changing ends.
- Consider spraying tennis balls briefly with a disinfectant spray (e.g., Lysol or Clorox) at the conclusion of play. Using new balls on a regular basis is encouraged.
- When possible consider using one separate can of balls per player per match. Players should serve their own tennis balls throughout the match.
- Tennis practice equipment should be touched only by the coach and should be cleaned frequently. Use alcohol-based disinfectant to clean all tennis gear, including racquets, towels, target cones, ball machines, etc.
- Consider using a ball machine for giving lessons. Using ball tubes and basket pickups to pick up loose balls after a ball machine rotation also limits contact.
- Avoid using unnecessary equipment such as throw-down lines.

Considerations for Officials

- Bring personal hand sanitizer. Wash hands frequently.
- Do not share equipment.
- Consider using electronic whistle.
- Do not shake hands and maintain social distancing guidelines during pre and post-game ceremonies.

Considerations for Coaches

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “cohorts” of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.

Considerations for Students

- Consider making each student responsible for their own supplies.
- Students should wear their own appropriate workout clothing (do not share clothing), and individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.
- Bring own water bottle.
- Use the racquet/foot to pick up balls and hit them to your opponent. Avoid using your hands to pick up the balls.
- If a ball from another court comes to you, send it back with a kick or with your racquet.

Considerations for Parents

- A family's role in maintaining safety guidelines for themselves and others: Provide personal items for your child and clearly label them.

Outdoor Track and Field

- Guidance unavailable

Baseball

- Guidance unavailable

Softball

- Guidance unavailable

Athletic Placement Process (APP)

In order for seventh or eighth grade student-athletes to participate in a junior varsity or varsity level sports during the 2020-21 season, the district will follow and enforce the APP process as it has in the past.

NYSDOH Affirmation



Business Affirmation

We have received your reopening affirmation on 01/27/2021 at 07:55 am.

Print or take a screenshot of this page for your records.

Your next step is to create and post your NY Forward Business Safety Plan.

[Download the NY Forward Business Safety Plan Template](#)

I am the owner or agent of the business listed. I have reviewed the New York State interim guidance for business re-opening activities and operations during the COVID-19 public health emergency and I affirm that I have read and understand my obligation to operate in accordance with such guidance.

Warsaw Central School

Sports and Recreation

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